



# The 5 roads to freedom

Sovereignty · Solvency · Afianchetto  
Health & Wellbeing · Culture



Paul Simons and Charlene Henry

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Sovereignty, Solvency, Afianchetto, Health &  
Wellbeing and Culture

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Published by TamaRe House, UK, 2014

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0044 (0) 844 357 2592

ISBN: 978-1-908552-69-3

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## Contents

Introduction .....	8
Foreword by Paul Simons .....	8
Foreword by Charlene Henry .....	13
Plank–1: Sovereignty .....	19
Ordained Sovereignty at birth .....	19
Certification of Sovereignty .....	22
The history of Sovereignty .....	27
Sovereignty addendum.....	29
Plank–2: Solvency .....	36
The Trivium and Quadrivium Education .....	37
Uniform Commercial code.....	41
Commercial Redemption .....	45
Solvency addendum .....	49
Plank–3: Afianchetto .....	54
Economic demolition .....	54

## The 5 roads to freedom

People over profit .....	56
Jail break, the future is now .....	58
Afianchetto addendum .....	61
Plank–4: Health & Wellbeing .....	66
A lifestyle of balance .....	66
Structured water .....	70
Self-Healing .....	73
Health and Wellbeing addendum .....	74
Plank–5: Culture .....	84
Paradigm shifting .....	85
Definitions of Culture .....	87
Declaration of... “I AM” .....	89
Culture addendum .....	90
Conundrum .....	96
Working with and not against .....	98
Sovereign money creation .....	102
Self-sustaining Community building .....	105
Conclusion .....	110



## Introduction

“Freedom is more than Just a Seven  
Letter Word.”

Veronica: Chapman

### Foreword by Paul Simons

I keep asking myself ‘where is this all leading’? I mean, how and, to where do we take our journey toward freedom? What exactly is the freedom we seek? I have always known what I did not want to be experiencing in life. That was always very clear to me; but what would be the alternative? It appears that all we have had so far is the imposition of a mentality that has caused a lot of confusion with respect to what life is really about, in terms of freedom and the pursuit for happiness. This mundane mentality is that of a sensate mind-set, the contrary being a sentient mind-set. The sensate mentality is emotionally



driven. It is the state of being that has imprisoned us in our own minds.

The sentient mentality, however, is spiritually driven. It is the relative polar opposite of the sensate mentally – albeit this polarity is that of a subjective-objective one, and not as in positive-negative nor agreeable-disagreeable. The sensate mind-set is emotionally driven in the sense that people tend to make their decisions on a course of action based upon how they feel about something. But these feelings are nothing but sensations – and sensations are but emotions that confirm what we believe to be the truth about something. The operative words being *what we believe*.

How many times have we made decisions that were emotionally driven that landed us in even worst situations than where we started? How many times have we argued with others, or cursed others or even completely cut certain people out of our lives just based on how we felt about a situation? Consider this to be 97% of the time. This is a very high ratio to be considered, and is certainly detriment to our quest for freedom. This ratio is not something pulled out of thin air. In line with the

philosophies of Robert Kiyosaki author of the books Rich Dad Poor Dad and Cashflow Quadrant, 97% of the population have been given a somewhat servile education whereas 3% have been given a liberal education. Of the 3%, there is a 1% elite ruling class, namely the 13 richest families of the world. 12 of these families are also controllers of the world's top twelve banks:

(12 richest families and their banks - Rothschild [Barclays - largest in the world], Rockefeller [National Westminster {NatWest - not Chase Manhattan as presumed} - no American bank is top twelve as Citibank is not controlled by Americans any longer], Warburg [SBC Warburg], Lord [HSBC], Brown-Harriman [Citibank - Bush], Bundy [Credit Suisse], Vanderbilt [a French bank?], Goldman-Sachs [Goldman-Sachs], Israel-Ferrez [a French bank?], Lehman Bros. [Lehman Bros.], Aldrich [a French bank?], and Bilderberg [Credit Lyonnais - Clinton]).

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But we are not too concerned about the 3% as of this writing. We are more concerned about what it will take to raise the consciousness of the 97% world serving populous such that light can be seen

at the end of the tunnel, so to speak; hence, our five plank program. The first three planks are modified from the doctrines of Sri Dr. Lord Grantham Taylor, Hughes J.d., L.c.m.D., Ph.D., managing Director (mD) of The Brauch foundation (TBf) – namely: (1) Sovereignty, (2) Solvency, and (3) Afianchetto. The two additional planks are of our own interpolation; these are: (4) Health & Wellbeing and (5) Culture.

This small book will explore and flesh out these five planks – The 5 roads to freedom. The five are not necessarily to be considered in the latter order exactly. What I will say is this. Health & Wellbeing and indeed Culture ought to be considered at all times. That is to say, for instance, there is no point being wealthy if you are physically, mentally and spiritually unhealthy. In order to properly enjoy ‘time and money, freedom’ one must imperatively be with optimum health and wellness on all sentient levels.

Sovereignty is ordained onto each and every human being by the Universal Creator, just by virtue of being born on Earth. But living in parallel with a contracts-law society, which is the case of the

majority of all 214 countries worldwide that are affected by the happenings of the Commonwealth, every man and woman must have a certification of sovereignty in order for their birthright to be recognised as such. Without a proper Sovereignty Certificate, men and women are illegally taking benefits and privileges provided by governments – although this perception has not yet come to light by the populous; more on this later.

Solvency is the next stage after Sovereignty. This has to do with reversing the assumption and presumption that people are debtors to the system. By system we are talking about the banking system with the top twelve banks at the core, as listed above. This system also involves the world governments and their quasi agencies; education institutions, religious doctrines and so on. By reversing the status quo, one becomes in control of his/her body (land) and is no longer presumed a debtor within commerce. Certified Sovereigns, like the old Kings and Queens of England, have always been the real controllers of the society (land etc) that they governed.

Afianchetto is a doctrine created by the said Grantham Taylor, Hughes, which is about men and women no longer being considered as property or chattel owned by the STATE. Thus, people are to be considered over profit instead of profit over people; the opposite being fianchetto. The concept is that of the game of chess where the pawn is taken to be expendable. The pawn is often sacrificed after being positioned in ways to protect the noble characters of the game; from the Castle to the Bishops, Knights, Queen and to the King. The pawn is therefore a fianchetto agent.

It is my intent to share my recent findings and understandings of the first three planks with their combining with the fourth and fifth, in order to achieve true freedom.

### **Foreword by Charlene Henry**

As we are moving into a new dimension, certain ways of living is no longer being tolerated according to Universal laws; no matter your race, religion, creed or financial status everybody has to take responsibility for their own lives and what they contribute to humanity.

Our entire galaxy is moving from the 3<sup>rd</sup> dimension to the 4<sup>th</sup> and 5<sup>th</sup> dimension in a relatively short space of time, which means it is about survival of the fittest. When moving up to higher dimensions acts of wickedness, sickness and negativity has to be diminished. Mother Earth has been preparing for this for some time now, by purging all that she no longer needs. As a result we have severe changes in the weather, hurricanes, earthquakes, tsunami's etc...

As human beings we will not be getting off lightly either. We are 'All part of the All' and we have to shift and raise our vibrations to keep in tune with the planetary events. As a result of this, all the unresolved issues we have been carrying for some time has come to face us head-on. Now, we can only work with what is true and anything else synthetic will not survive.

Everyone is being tested in some way, shape or form. Not just your health, your relationships, your professions but in fact your overall being. A lot of people at this time are feeling alone and lost, not knowing where to turn or what to do because all what they thought they knew is falling apart.

Everyone has to figure out what their purpose is and follow that path as of *now*. If you have not been following your ordained path beforehand, something in life will happen to get you there. It is up to us to know where it is we need to be and what we need to do. Some of us have been so disconnected from nature and what is natural, that it is hard to figure out why we are even here; and the answer starts with knowing Self! The things we experience in this lifetime, good or bad, happen because there is some karmic law we have to deal with from our past lives. As we have all chosen to come to this planet to experience human life there are lessons we all individually have to learn to come to a higher awareness. We are the creators of our own destiny; our thoughts manifest our reality. It all starts with our mind set and what we think we believe or know. What is it that you want out of life? What do you truly feel in your heart? Anything is possible!

If you don't like the current situation that you are in, do what you can to change it and leave the rest for the universe to provide. If it is meant to be it will be. There is not much you and I can do to

change the past or predict our future. All we have is the present so the time is always now. Do not live with regrets... and always aim for the highest of what you want. Be the best version that you can be of yourself. Too many of us stay in a situation that no longer serves us, nor serves the highest good. This can no longer happen in the times we are in.

For me, it was after the passing of my father that I started to question “what is life really about and why am I here”? Surely life cannot just be about working until the age of 65, for money, so we can pay our bills, buy a house, a car or maybe have a family. There has to be more. I know I did not like the job I was in. It was just a way of making money; there was no fulfilment in it. I was living somebody else’s dream, working for their business and wondering if I would be the next person made redundant! So I took a risk and left my job. I did not think about the monthly income I would no longer be getting, because all I wanted to do was give back. I wanted to do something with my life to help others and contribute something worthwhile to humanity. I had always been interested in health. I had always questioned why so many



people out there are suffering with their health; surely there is a better way. I decided to study Holistic Massage and the Anatomy and physiology of the human body and it was the best thing I ever did. Finally I knew what my purpose was; to help people to maintain good health and wellbeing. I went on to become a Reiki practitioner and life seems to make so much more sense to me now. Everything started falling into place. Pieces of the puzzle are coming together, which has led me to this point to share with you what I have learnt and experienced thus far.

Collectively, there is so much that needs to be put right to bring balance and fairness in the world today. It is time to take our power back and stand in our truth! It is time to acknowledge and live in accordance with our birthright.

With good intentions in your heart, plant the seeds for your future. Everything needs a foundation first and that begins with our individual as well as collective roots and culture. Never forget where you came from. Whether your experiences have been good or bad everything has happened to bring

## The 5 roads to freedom

you right where you are now, reading this book. What you choose to take from it is up to you.

The '5 roads to freedom' is here to guide us on how to apply these planks to our everyday life, to raise our awareness and consciousness to a better way of living.

## Plank-1: **Sovereignty**

“Sovereignty is the quality of having  
an independent authority over land,  
such as one’s own body”

*A private sovereign individual*

**T**he concept of sovereignty is very ancient although in the beginning of its conceptualisation the word sovereign was not necessarily employed. Rather, the phrase ‘soul reigning in the body’ was used by those sentient beings who understood who they were spiritually.

### **Ordained Sovereignty at birth**

We stated in the Introduction briefly that every man and woman is born into this world with sovereignty already ordained unto them, by the Universal Creator. We use the term Universal Creator loosely, so as to not cause any confusion, where people across the world of many cultures

can relate. In other words, whatever your preference is in terms of the Creator's name/title you can substitute – albeit a highly ascended sentient being 'man/woman' will acknowledge there is no such thing as a name and/or title for the Universal Creator.

Soul is spiritual in origin. Soul is the essence of man and woman. Soul is thus the essence of the Universal Creator endowed upon each and every one of us on Earth today. Our spirit denotes our individualism and the quality of our personal characters. Our spirituality also determines the mental capacity we have individually in terms of expressing Soul. With respect to subjectivity and objectivity some are at the extreme of a sentient mentality (high levels of Soul expression) and some are at the other extreme of a sensate mentality (low levels of Soul expression).

The 97% populous as stated in the Introduction are more of a sensate mentality whereas the 3% are more of a sentient mentality. This may seem ironic or even contradictory at first. Why? Because, the world's ruling polity are indeed among the 3%; and a sensate person (of the 97%) may well view and

*feel* that these ruling people are draconian and malevolent as opposed to sincere and benevolent, in their nature. This is the troubling irony.

So we have to make the distinction between the 1% and the 2%. The 1% is the elite. These are not only elite in terms of wealth and prosperity; they also represent the elite in spirituality and sentience. The 2% on the other hand, are given a watered down version of truth, in the context of the seven liberal arts. These arts are as follows:

1. Grammar
2. Logic
3. Rhetoric
4. Geometry
5. Arithmetic
6. Astronomy
7. Musicality

We will discuss more on the seven liberal arts in Plank-2; subsection: The Trivium and Quadrivium education.

So the 1% elite are given the fullness of the liberal arts in the form of a liberal education whereas the

2% are given a bastardised version of the same. It is the 2% populous that you would find in high positions of government, banking, education, religion etc. You would not see the 1% in public, so to speak. However, it should also be noted that among all three classes (97%, 2% and 1%) there will always be agreeable-disagreeable / positive-negative people. This is by proxy.

The elite know exactly what is going on in the world; and about the truth of our birthright. They understand that every man and woman is ordained sovereigns at birth, and that our sovereignty must be enacted by way of a Sovereignty Certificate. This concept is passed down to the 2%; those in government and their quasi agencies, albeit watered down in essence of the true significance. And here, instead of issuing sovereignty certificates to individuals when they are born, the governments issue birth certificates.

### **Certification of Sovereignty**

The idea of a Sovereignty Certificate (Allodial title) has to do with the capital title to our physical flesh and blood body. Herein lies the problem: Since the

Geneva Conventions of 1928-32, every new child born was required to be 'registered', thereby creating a corporate person, effectively denying that living child any privileges as an owner of Real Property.

The act of registering a child contracted them as chattel, and the birth record was a deceptive legal way of getting the parents to sign the baby's birthright away. The birth record was in fact a promissory note that was converted into a slave bond, which was then sold to one of the private Top Twelve banks ("TTb"; polity) effectively giving title-ownership of the child to the bank(s). Each new baby's contract was sealed by either a drop of their blood or by an ink impression of their foot onto the birth record. This 'signature' was used to create their lifetime value, evidenced by their labour and the taxes and costs of that labour as monetized currency – all designed to keep people in servitude for their entire lifetime.

Thus the banks (TTb; polity) have been the modern slave owners and as the saying goes, "He who promotes the debt owns the people." The way the slavery system was imposed on us meant that even

if we did end up paying off our house or our car loans, we never actually owned it, because our birthright to any Real Property ownership was given away at the registration of our birth. Instead, we are allowed beneficial or equitable ownership, whilst the state maintains its legal ownership.

This has been a legal process since the Cestui Que Vie Act 1666; and the subsequent Cestui Que (Vie) Trust. This was still in effect until the recent Uniform Commercial code (“UCc”) rulings changed the legal landscape and reinstated the un-rebuttable fact that no-one can own our selves or own our bodies.

Birth registration has been an eminent requirement by the STATE as of 1873. However, the Births and Deaths Registration Act 1873 and subsequent amendments etc., are all suspended under the Geneva Convention 1930, and the subsequent UCc due to the international bankruptcy of the 214 countries around the world. This leaves us with a predicament as to whether or not our current birth registration is a legitimate one. It has become apparent to those awakened to Sovereignty Certification that a birth registration form is a



creation and conveyance of a legal title to the flesh and blood body; however, a fictional corporate person as stated above. It is fictional because a bankrupt entity such as a corporate government cannot legitimately create and issue titles of nobility. These fictional titles include Mr, Miss and Mrs etc. No corporate government or agents thereof are authorised to issue sovereignty or titles of nobility, such as Lord, Lady, Baron, Baroness, His Majesty or Her Majesty etc.

Here is the general rule. Before any legal or common law title can be properly created and enacted, there must first be an Allodial title to the body created and enacted along with a Certification of Sovereignty. Under the common Law all contractual documents must have two signatures. Thus the sovereignty certificate is signed by two individuals at sight recognition of the living, breathing child. They are basically showing in document form that they have a meeting of minds (an agreement), that the child is indeed alive, and is entitled to his/her ordained liberty and happiness.

This very crucial step has been overlooked without respect to billions of people around the world.

However, only an Exchangor/Grantor of a Pure Trust foundation (“PTf”) can issue Sovereignty Certificates to living flesh and blood men and women. The concept will be explained shortly.

Sovereignty is the simple sight and visual recognition-act of one’s humanity by the Exchangor/Grantor of the PTf who is one of the two participants that signs the Sovereignty Certificate.

Since we live in parallel with a contracts-law society, it is paramount that every man and woman become sovereign-certified and thus issues a properly enacted Allodial title to their body. The main benefit is that a Certified Sovereign individual now has the legal-right of enjoyment of all STATE provided benefits/privileges without being subject to statutory obligations and rules; a doctrine known as ‘private necessity’.

Once Allodial title to the body is properly enacted and issued, the earlier birth registration and all its government obligations become suspended and therefore redundant. However, the individual still continues to enjoy all benefits/privileges provided by the STATE for his/her benefit under the

provisions of the PTF (and the rules of private necessity).

## **The history of Sovereignty**

Sovereignty Certification started in the 12<sup>th</sup> Century where a fidelity ceremony of a contract marriage was conducted with King Henry II and Lord Bauer. This was the establishment of the first PTF, also known as a common Law Pure Trust (“cLPT”).

“The importance of this trust remains that governments were originally created by the former, but after many generations descendents forgot this fact. When remembering, as we have done today, and seeing that the government creations always “get out-of-hand,” one needs to protect themselves from their own creation. Hence, the richest families (polity) i.e., von Bauer-Rothschild, Rothschild, Rockefeller, Brown-Harriman, von Warburg (twelve in all) et al created their provisions and refined them. In principle, a cLPT protects one’s land and assets from any government intervention. By positioning one’s land and assets (“Estate”) properly, they manage and control them, but never own them. This language is very critical for proper control. Simply, if one owns land and assets, they

## The 5 roads to freedom

owe taxes, duties, and allegiance to the managers or controllers (in our case today, the governments are the controllers). If one positions themselves as the latter, they are then the controllers and managers. It is that simple and the sole way of re-positioning oneself is through a cLPT.”

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The present environment has the governments, banks, businesses, and non-enacted sovereigns having no authority to act under the international bankruptcy. Therefore, the plaintiff is not revealing that they act for one of the Polity and violate Uniform Commercial code (“UCc”) 1-308 in the process.

“A party with explicit reservation of privileges performs, promises, and/or assents unto performance offered and/or demanded by the other party does not prejudice the privileges reserved.”

UCc 1-308

It is very important to memorise the above subsection of the UCc. In other words, the defendant is putting the claimant (plaintiff) on notice that he/she is aware of the law and is counterclaiming or crossclaiming (countersuing or

crosssuing) and/or making a redress of grievance under two counts of violating the UCc. This is regarding that the claimant (plaintiff) has no authority unto operate or act and not revealing who the original and/or superior plaintiff is. In other words, the world has been under bankruptcy since the 1930 Geneva Convention.

As stated the cLPT originated just after the middle ages in the 12<sup>th</sup> century with King Henry II Plantagenet. The Catholic Church, before this time, had control of most land and assets of England. Once Henry finagled some away, he established the cLPT with his new partner Lord Bauer, the progenitor of the present day Bauer-Rothschild family, the richest of the twelve polity or rich bank trading families. The cLPT provisions, the written rules of the trust, have had one hundred and four (104) revisions since that time. The last three have been revised by a former Bauer-Rothschild attorney, Baron von Brauchitsch Bauer-Rothschild.

## **Sovereignty addendum**

By Charlene Henry

One subject that sure seems to crop up a lot in life is this whole money business. You will hear “Money talks”, “Time is money”, “Money does not just grow on trees you know”. Some people have lots of money and some people have very little.

We live in a world where material gain is perceived by sensate minds to determine your worth. It is assumed that if you do not have lots of money and pricey material stuff you must be living an absolutely miserable life, and in fact what would be the point in living at all?

Well, I will refer back to the day we were born. God makes no mistakes right? So we must have been born with everything we needed to live a life of liberty and happiness. From the skin on our bones, the breath in our lungs, our limbs, organs and all our senses; and one fantastic organ in particular - the Brain. It is that which controls everything else in the body voluntarily and involuntarily. It allows us to have our own thoughts and ideas and we can never stop filling it up with dreams, memories and information. Wow isn't that amazing? This powerful brain of ours allows us to be imaginative and creative. Create and manifest anything we want in

life just by our thoughts alone; through the use of the brain we can be the leaders of our own destiny.

So how comes so many of us end up living a subordinate mundane life? Working in a job we hate to accumulate this money, which never seems to be enough. The more we make the more we spend, the more we need to maintain a certain lifestyle, a vicious cycle that can be very difficult to get out of for most people.

So what is this money business really about? We cannot take it with us when we die. We cannot buy a space in Heaven and when judgement day comes, it certainly will not be based on how much money you and I have made throughout our life. Can money really make us happy or does it mostly make us miserable trying to accumulate it? If we do not have enough money we tend to worry about how we need to acquire more, and if we have lots of it we worry about losing it all. Either way it is always a concern to the front or the back of our minds.

This makes me wonder what the world would be like if money never existed. We could just exchange services instead, bartering. Could we finally have

world peace? Would we take the time to really enjoy life and the real beauty of the world? Would we spend more time with our families, or actually do what we love and enjoy? Wow, imagine that! Or, is it in human nature to always have a value to one thing over another? I am sure over the centuries nothing has been more destroying than the greed for money. Nothing should be more valuable than Life itself.

With all that said, it has now come to our awareness that real money-creation lies with the guarantee and backing of the certified sovereign.

One thing this recession has taught us is about going back to basics, thus utilising all our natural abilities and resources. The recession has also taught us not to take anyone or anything for granted. Although there are some that have cracked under the pressures of life, there are still a lot of us remaining strong and seeing what is really important to us in life through the hazy mist of this money madness. This makes me question what this life is really about. Surely the Divine Creator did not put us here on this planet to watch us destroy our Great Mother Earth and each other for money? No!



The Planet and Universe was not created with money in mind. Precious stones, gems and crystals are valuable in the sense that they have properties that can be beneficial to our health and spiritual growth, yes.

Evidently, this whole money scheme was invented by a minority of beings to keep us under control and in fear, just like Religion, designed to keep us away from our ordained sovereignty. The two things that have been keeping us in conflict, money and religion, but yet can bring us great joy, if applied in the correct way. People are easier to control when they are in fear, but to be in fear keeps us powerless and weak. You will think 'I am only human', but to be human is both Spirit and Beast. We are spiritual beings having and human experience, the Beast being our physical flesh body. If we are kept in fear we will remain in the Beast, a low vibration, instead of raising our vibrations to find our way back to Spirit. In a low vibration we are not Human Beings we are Human Doings; 'doing' all the time, in the pursuit of money, instead of just being.

How can we find our-self if we are worrying about mundane things, and not having the time to actually use our brain for what it is really for – to realise our true power and the God within us, the sovereign. We have to overcome the beast of our carnal desires and return to Spirit, in order for our souls to evolve. Everything that we need is already inside of us, so look within.

When we realise and see the God within us, we will realise and know we have the power to create and manifest anything we want. There will be very little need for Governments or World leaders, and very little need for such things as money (printed currency or minted coins). We are above that, by virtue of our ordained sovereignty and birthright. So we are what we think, it is the law of attraction.

As above, So below...

We need to take our power back and now is as good a time as any to start. It is time to reunite and come together as a collective. Recognise the wealth you already have in your life and always give gratitude in return to the unconditional love of our

Creator and live as Human Beings in peace and harmony.

Now that is truly sovereignty.

## Plank-2: **Solvency**

“Solvency, in personal, finance or business affairs, is the degree to which the current assets of an individual or entity exceed the current liabilities of that individual or entity”

Nebu Ka Ma’at

**F**or the avoidance of doubt, I can assure you that there is more than enough money in the world today to make every single man and woman solvent. But the reality is that only a small percentage of people, by the law of ratios, will take it upon their selves to take-on the road of solvency. It also starts with a re-education of one’s self, particularly into the doctrines of the seven liberal arts of classical study.

## **The Trivium and Quadrivium Education**

In medieval universities, the Trivium comprised the three subjects that were taught first: grammar, logic, and rhetoric. The word is a Latin term meaning “the three ways” or “the three roads” forming the foundation of a medieval liberal arts education. This study was preparatory for the Quadrivium, which consists of geometry, arithmetic, astronomy, and musicality. By combining the Trivium and Quadrivium, the result is the seven liberal arts of classical study.

The Seven Liberal Arts are as follows...

### **THE TRIVIUM:**

1. Grammar: Also known as systematic knowledge, grammar answers the question of the Who, What, Where, and the When of a subject.

Grammar is the art of inventing symbols and combining them to express thought; it is concerned with the thing (“subject matter”) as-it-is-symbolized.

2. Logic: Also known as systematic understanding, logic answers the Why of a subject.

Logic is the art of thinking without contradiction; it is concerned with the thing as-it-is-known. The populous today, 97% of the world is deliberately taught what to think, and not how to think, by way of the 2%. That is to say, the 97% are taught grammar and rhetoric but the processes of logic intervention are skipped. However, the 1% ruling class of the world are specifically taught how to use the Trivium in its entirety.

3. Rhetoric: Also known as systematic use of knowledge and understanding, rhetoric provides the How of a subject.

Rhetoric, the art of communicating thought from one mind to another, is the adaptation of language to circumstance. Rhetoric is thus concerned with the thing as-it-is-communicated.

#### THE QUADRIVIUM:

4. Geometry: Geometry is the most sacred of the sciences; hence, Sacred Geometry. The universe is created by way of very specific geometric patterns.

Form the Vesica Piscis to the Flower of Life to the MerKaBa vehicle. These sacred patterns contain all the blueprint patterns of life. Thus life is not at all by accident. Everything is by grand design and spiritual intent toward physical manifestation. By understanding these sacred geometric patterns we liberate ourselves from myth, religion and indeed politics.

5. Arithmetic: Arithmetic is the art of numbering, also used as a way of quantifying sacred geometry. All the works of the Universal Creator, SOURCE, are made in number, weight and measurement. Therefore, to understand them rightly, we ought to understand arithmetical calculations. The greater advancement we make in the mathematical sciences, the more capable we shall be of considering such things as are the ordinary objects of our conceptions, and be thereby led to a more comprehensive knowledge of our great Universal Creator and the workings of creation.

6. Astronomy: As above so below, as below so above; this is a very ancient maxim. The universe is said to be in direct proportion and replication to the human being. These paradoxes are reconciled

within the teaching and truths of Sacred Astronomy. One of the secrets of the word GOD is that of an anagram G= Gomer (Wisdom), O= Oz (Strength), and D= Dubar (Beauty). That is to say the Creator and Creation is filled with Wisdom, Strength and Beauty. The initiates into masonry are taught: “to have wisdom to contrive, strength to support and beauty to adorn all great and important undertakings.” The masons got this acronym for GOD out of the “Septuagint”, which is a Greek translation of the Old Testament or Hebrew Bible.

7. Musicality: Music is essentially about rhythm and vibration. One of the sacred truths of the ancient world is that everything vibrates; nothing rests. Everything is in rhythm and expresses the Self, musically. Humans connect with each other through music and in turn connect with the Earth, the solar system and ultimately the universe.

Thus, in classical antiquity, the liberal arts denoted these latter subjects of study that were considered essential for a free person (Latin: liber, “free”) to master in order to acquire those qualities that distinguished a free person from slaves.



In modern usage mathematics, science, arts, and language can all be considered part of the liberal arts. The subsections of the liberal arts are Trivium—the verbal arts: logic, grammar, and rhetoric; and Quadrivium—the numerical arts: geometry, arithmetic, astronomy and musicality. Analyzing and interpreting information is also studied.

### **Uniform Commercial code**

Since the 1930 Geneva Convention, all constitutions, legislations and statutory instruments are suspended, due to the international bankruptcy. A solvency solution has been proposed by members of the Bauer family and via The Brauch foundation (“TBf”); the original bankers, before the Rothschild’s married into them in the 1600s. We will cover this over the next few pages.

The following excerpt is taken from a document titled: How to free yourself from legal tyranny, by Howard Freeman.

“In 1938, all the higher judges, the top attorneys, and the U.S. Attorneys were

called into a secret meeting and this is what we were told: ‘America is a bankrupt nation. It is owned completely by its creditors. The creditors own the Congress, they own the Executive, they own the Judiciary and they own all the State Governments. Take silent judicial notice of this fact, but never reveal it openly. Your court is operating under Admiralty (UCc) Jurisdiction - call it anything you want, but do not call it “Admiralty.”’

Howard Freeman

In other words, the courts were no longer operating under common law or equity law. They were no longer operating under Equity or common Law Jurisdiction; they were now to be secretly operating under Admiralty Jurisdiction with Uniform Commercial code (“UCc”) as the law form – having said that, the UCc was not actually published until 1952. So there would have been a period of void between 1930/38 and 1952 where the courts and the judicial system were using suspended law.

The big question we need to be clear on is: If the UCc originated in the USA, how and why is it applicable in every single nation and therefore every single [legal] person of this world?

A bit of history... The UCc was first published to harmonize the law of sales and other commercial transactions across the 50 states, USA, as well as actively discouraging the use of legal formalities in making business contracts, to allow businesses to move forward without the intervention of lawyers or the preparation of elaborate documents.

However, it is important to know that all nations and states of this world somehow became legally registered corporations with the USA Securities and Exchange Commission (SEC). This means that all UCc Rulings are legally applicable to all nations' corporate entities and that every 'nations' 'employees' (citizens) are also recognized and treated as legal corporations and are registered as commercial 'vessels', whose 'value' can be traded and sold as chattel.

The UCc was actually written originally in 1910 by the Lawyers Guild of England; a legal arm of the Rothschild dynasty. And the America BAR Association is in fact a franchise of the said Lawyers Guild.

With that said, still today (2014), the courts continue to allow the use of statutory law, despite the top judges being aware that these are suspended law under the Geneva Convention 1930, and that only UCc applies, internationally.

Now here is the thing: No court has Admiralty or Maritime Jurisdiction over you and me unless there is a valid International Maritime Contract that was breached by us. So you say, innocent like a lamb, "Well, I never knew that I got involved with an international maritime contract, so I deny that such a contract exists. If this court is taking jurisdiction in Admiralty, then place the contract in evidence, so that I may challenge the validity of it."

What they would have to do is place the national debt into evidence. They would have to admit that the International Bankers (world polity) own the whole nation, and that we the people are their slaves! In other words, only the world polity (TTb) can be the true claimants/plaintiff in any court proceeding, since no bankrupt entity has authority to bring a claim against anyone.

The bankers (TTb) knew it was not expedient at that time (1938) to admit that they own everything and could foreclose on every nation of the world. The reason they don't want to tell everyone that they own everything is that there are still too many privately owned guns. There are uncooperative armies and other military forces outside NATO. So until they can gradually consolidate all armies into a WORLD ARMY (NATO) and all courts into a single WORLD COURT, it is not politic to admit the jurisdiction under which the courts are operating.

When we understand these things, we realize that there are certain secrets they don't want to admit and we can use this to our benefit as of UCc 1-308 & 3-503 involving unrevealed contracts.

## **Commercial Redemption**

In terms of Commercial Redemption, there is indeed a remedy that has been proposed by the Bauer family under the TBf as a fix for the bankruptcy. The simple solution is to under-pin the country's currency with a certificate, thus certifying the currency as credit – instead of debt. The mistakes that were made in 1930 (UK: Bill-227) and

1933 (US: HJR-192) with regards to reorganising the bankruptcy, is that the governments legalised debt (notes) and bankrupted the people in the process. Thus, the people became fianchetto – where profit is placed as priority over the people.

If a government can legalise debt then equally they ought to be able to legalise credit.

For example Federal Reserve notes (“FRn”) and Bank of England notes (“BEn”) would be underpinned with Federal Reserve certificates (“FRc”) and Bank of England certificates (“BEc”) – thus certifying and legalising the currency as credit.

In other words, the FRn and the BEn are not credit, but instead is a promise to pay later, discharging debt (*laying aside, but not paying*), a promissory note, an IOU, a debt instrument. “Here is a note Mr. Merchant and I promise to pay you later.” That is called discharging a debt, or putting it aside for full payment later. And since the world of currency is pegged against the FRn (US dollar), then the world is also bankrupt, unnecessarily.

But this remedy is not the only possibility of providing a solution for world solvency. Under the UCc, provisions have also been put in place to make every man and woman of the 214 countries around the world solvent. With the birth registration of you and I, there was a negotiable instrument (Bond) issued by the government(s) that enabled a reduction of the interest on the national debt. We addressed this in detail in the book MMSN vol.3 by Paul Simons. Here, we will attempt to explain about two types of trust accounts that were established under the UCc, with respect to a Foreign Situs trust and a Cestui Que trust.

Within the United States Department of the Treasury there is a sub-department called the Department of the Treasury bank (“DTb”). Within this bank there are several types of accounts, two of them being the UCcDTA and the UCcCTA [UCc Direct Treasury account and UCc Contract Trust account]. Respectively, these are analogous to the Foreign Situs trust and the Cestui Que trust accounts.

The UCcDTA is the asset account that represents the lifetime collateralized value of every man and

woman with an exponential growth of \$100-150T, over one's lifetime. This is an inaccessible account in the sense that, a smart investor would block his funds (held in escrow), such that he can trade against those blocked funds. He would do this by issuing an MT760 swift instrument to a receiver bank, in order to establish a line of credit at a percentage or discount of the face value of the MT760. He would thereafter enter into a trade situation in order that he can earn dividends or interests drawn from that trade account. This trade account would, by comparison, be the UCcCTA, which generates up to \$1B per year in dividends/interests. This is the accessible account.

This is the ultimate course toward Commercial Redemption for every man and woman, to be able to access the dividends on an annual basis. Even a 1% payout (or \$10M) per year would be more than sufficient to render all the individuals of a family Solvent. For those of you that have ever received a tax refund cheque from the IRS (Internal Revenue Service), an agent of the world polity, you will notice there is a nine digit number at the top of cheque. Most people are not aware of what it



represents. This figure is the actual amount that was present in your UCcCTA for that particular tax year. What usually happens at the end of the tax year is that the amount is zeroed out, albeit the beneficiary (we) have abandoned the funds. But every year it accumulates up to \$1B in dividends for the beneficiary's use (hence: cestui que trust).

## **Solvency addendum**

By Charlene Henry

Today our countries appear to be in an economic crises world over. The news media never fail to remind us that every Commonwealth country is in debt. "This country owes that '*bank*' how much billions or trillions". If that is the case why not just scrap it all and start fresh? It is just figures right, they can be changed and/or discharged. Why can't it be that simple? I mean is that not the reason we are in this mess in the first place? Banks selling loans, credit cards and mortgages to everyone with money they did not have to begin with. With the illusion that the public will be able to pay the debts back.

How will the world governments ever get out of their economic crises? Where is this extra money supposed to come from?

Looks like the monetary system the world banks and governments are currently using has failed. The cost of living keeps going up, which makes no sense to me if the money is not there to begin with. It would make more sense to make living costs be in line with natural resources so that everyone would have a fair chance. Now we are divided between the haves and the have not.

At present even if one had a “great” education in school, it does not guarantee him/her a great job with highly paid wages. Of course life is what you make it, but the reality for most is to go out there and work hard for their money. With so many people being made redundant and businesses going under a lot of people have found themselves in a situation they never thought they would be in. This is insolvency.

It seems like games are being played by the government; of working class against the non-working by reporting that it is the hard working tax

payer's money that pays for all the people claiming benefits or on welfare, to keep people segregated instead of unified. How do we know what our taxes are really being spent on? Governments do not offer us any detailed statements of where every penny of the taxes goes. Think about it, all that money PAYE tax, council tax, car tax etc; we are told by law to pay or we will be branded criminals for tax evasion. For people who claim so-called benefits, it is really nothing to sing and dance about, hardly enough to cover the cost of food and to pay their bills. I ask again where all this tax money is really going. Most politicians sure manage to live a nice and luxurious life. Where does the money come from to send troops out to these ongoing wars we hear of on television almost every day? As long as I can remember there has always been war somewhere and I am sure that takes up a hefty budget, but that is a whole other story. How comes the tax-payer does not get to decide where all this money is being spent and the government do? Why are we giving them the power to decide when time after time they fall short of all their promises, and making bad choices that do us no

benefit? Do these World leaders really take these jobs with our best interest at heart?

Who is it that decides the value of natural resources? For instance, if a loaf of bread now cost £5.00 and it has the same ingredients/resources it did 5 years ago when it cost £1.00, would you pay for it or say no, out of principle? This to me would suggest that money no longer has any value and that the world has gone money-mad! Somebody is determining the commercial value of natural resources.

With the cost of everything still going up, we still continue to buy and pay for things that are not worth the price. This has to stop. The more we continue to pay over the odds for things the more it encourages this type of behaviour.

We must become more resourceful and self-sufficient. Let us take several glances back and take a look at the lifestyles we have lead in relation to money. How about going back to basics? Look within your community and see if there are people with produce and services that can be traded for

the same value. You might be surprised at what you find. Value has always been available to us.

Therefore, Solvency has nothing to do with money (currency) in reality. Solvency has to do with each and every individual within a family or community recognising and knowing their personal skills, talents and ambitions. The challenge is in knowing how to live in accordance with our birthright to life, liberty and happiness. This way, our personal skills, talents and ambitions become the very resources of our wealth and solvency.

## Plank-3: **Afianchetto**

“Another world is not only possible,  
she is on her way. On a quiet day I  
can hear her breathing.”

Arundhati Roy

### **Economic demolition**

**T**he concept of Economic demolition (“Ed”) was played out for the world to see on September 11, 2001. But what exactly is Ed? We are talking about the end of a particular economic era, the end of 210 years of bankruptcy. The World Trade centre (“WTC”) had been filled to its brim (including building no.7) with nothing but banking instruments including several types of commercial paper – bonds, securities, medium term notes etc. In order for the new economy to take its position in the market place, the old system had to be demolished. That is to say, the twin towers and other buildings had to be demolished in order to

destroy the said commercial paper, which by that time had become redundant; and what a place to initiate this Ed, the WTC.

The problem with this is the sacrificing of human lives, hence fianchetto. The reality is this. If you build a warehouse to store unwanted and/or used goods, eventually you will have to destroy it. That is fine and clearly understandable – but – do not kill people in the process.

Conspiracy theorists might argue that this was a deliberate sacrifice of the people (by some culprit) to give the impression of a terrorist attack.

But, Ed is important in a monetary society like we have in the world today, but without fianchetto. Our main goal toward Sovereignty, Solvency and Afianchetto, therefore, has to be that of a golden age society where very little need for a medium-of-exchange (money) exists. This may sound like an ambitious statement; however, it is not impossible. The last time this was nearly achieved was before the Egyptian times; in the Atlantean era. However, we point out if they (the demolitionists) would just perform Ed without making people expendable, we

would have an economic golden age with cLPT provisions at the core thereof.

Making people expendable for profit is called “fianchetto (*chess move were the pawn clears for the back row’s fools-mate*).” People have been made to be expendable just like the pawn and that is not acceptable by people of high sentient awareness.

## **People over profit**

In a golden age society concepts of ‘bartering’ and ‘gifting economics’ take precedence over the use of mediums of exchange. Bartering is a simple exchange of goods and services between individuals. Gifting economics is a concept of which individuals gift their skills, products and services to the people of the community for the sake of fulfilling the demands. That is to say, each individual contributes something to the benefit of the collective. Take John, Mary and Peter, for example. John is a farmer, Mary produces garments and Peter is a mechanic. The three do what they do best for the love of the collective, and expects nothing in return. Of course, they will each benefit



from what every other contributing member of the community brings to the table.

In this type of community, a medium of exchange such as money is totally unnecessary, as everything is provided for internally. The idea of gifting doesn't require a contract or social agreement. The individual who is in abundance simply gives his/her surplus commodity or produce to the benefit of whoever requires it in the community.

In the context of Solvency, let us take for granted that 100 people within a community have access to 1% of the annually available dividend of the UCcCTA. That is \$10M per person per year. If John presents the community, today, with a yield of bananas, what would be the point of him charging \$1 per bunch to his neighbour if both individuals have access to \$10M per year? Or better yet, what if they had full access to the \$1B per year? We can see that \$1, gain or loss, would not make the slightest difference to either of them. Thus, the money becomes a redundant item within the community, since it is available in abundance. This is the power of collective Solvency; ironically the

huge wealth acquired collectively suddenly loses its significance.

Once the illusion of the perceived significance and value of money is removed, it becomes easier to place people over profit; Afianchetto.

And, as stated, once the world banks under the guidance of the Top Twelve banks (“TTb”) underpin their currency(s) with certificates, we will then have an internationally solvent banking system. It is that simple.

### **Jail break, the future is now**

As quoted earlier, another world is not only possible, she is on her way. Due to an amazing sequence of events, initiated and powered by some of the most dynamic, freedom-seeking people on the planet, we stand at a crossroads, where we have the unique opportunity to permanently lift humanity out of misery and poverty, as we watch the old, unfair systems crumble around us in every direction.

“It is by Divine Authority of the Creator  
that all People are endowed with certain

unalienable, natural Rights and Liberties; which no authority, man-made law, government or religion can rightfully diminish or abolish. Any power that attempts to do so is tyrannical and illegitimate, even if it operates according to its own laws - for such tyranny is a denial of the Natural Laws of Creation”

godskyeearth.org

The first step toward complete jail break is to realise the possibility that almost everything we have been taught is a lie; from law, religion, history, astronomy, government, banking to science etc. As we awaken to this reality, we also awaken to the alternatives, a future that is literally here and now. As one world is fading away a new one is emerging.

We are at the point of a planetary shift. It is eminent. We feel it and therefore we know it. It is like a tipping point where the lower vibrations of sensate beings is disintegrating whilst a higher vibration of sentient beings is about to explode into full awareness. In other words third dimensional space is disintegrating whereas fourth and fifth dimensional space is becoming realised. The matrix of darkness is deconstructing and more and more sensate beings are realising that they are the

pioneers of the changes and transformations that are literally here and now. On the commercial level, too, there is change and transformation. Corporate commerce used to run everything. Not anymore. People are becoming aware of sovereignty, solvency and non-fianchetto. The UCcDTA and UCcCTA are just two of many systems that had been put in place to free the people from tyranny and insolvency. The future, now, is that of a golden age international society where fiat money no longer exist; rather credit exists in abundance with the irony of no longer being of any significance. In other words, the more money the world populous has transparent access to, is the more money becomes less significant.

The future is now. The solvency provisions are already in place. By virtue of you reading this small book should remind you of something very important about yourself. You are one of the few chosen people, among the 'many are called' prognosis. It is time to consider your-self as one of the Lord and/or Lady sovereign-creditors of the new system. No longer are you to be assumed to be a debtor of that old legally-dead system. You and I

are the source of all the money-creation in the world; even where it had stupidly been legalised as debt, as opposed to being legalised as credit. To deny your-self of this position is to say that someone else has authority over your life and therefore you are in debt to [them]. No other person, group or entity can lawfully own your life. That is just an illusion, created by the birth registration and certification.

### **Afianchetto addendum**

By Charlene Henry

Oh the crazy things people do to get this money; the wicked and evil things. One can turn on you very quickly when they have an opportunity to make some money out of your own expense. We have situations where some women literally seek out rich men to be their husbands so they can live a wealthy lifestyle without having to work a day in their life. What's love got to do with it? We have situations where young men and women are selling their bodies for money. How many people have been killed over money? Mother Earth and nature has been abused over the centuries for money...

the list goes on. Respect for nature, dignity and integrity gone!

To me Afianchetto is living in a world where everybody have what they needed with the basic essentials for a healthy mind and body, not just survival. It is also our birthright to have a safe home to live in, with good food and clean water regardless of our financial status. However for the material things that we want, we provide our personal skills and talents in exchange, barter.

There is a difference between what we need in life and what we want. Either way we should always be thankful and grateful.

Unfortunately it is not like that for most people, as there is still so much of this world that is in poverty. I am not talking about so-called third world countries; as I am sure these locations are where some of the greatest and most fascinating civilisation started! But now they are “third world”? Anyway that is yet another story. The idea of poverty is propagated all over the world today; so many people are struggling as a result. And, the cost of living keeps going up and up by inflation.

Even those that may have been living a comfortable life are feeling squeezed.

Poverty is being propagated by the media which is a result of fianchetto; keeping profit over people. Children are starving, malnourished and dehydrated because they do not have clean running water. How is that possible? How is that allowed? Water is the biggest resource on the whole planet, yet there is someone deciding who gets and who does not because of money? Yet we stand by and let it happen, giving the minority the power over the majority. This happens because fianchetto is also a state of mind. We have to transform or mentality from fianchetto to Afianchetto.

Some people say they are doing their part by giving money each month to whatever charity of their choice. But is giving money enough? Is that really the answer, or should we be doing something else instead?

Even the charities that claim to help these countries in need we have to question. What is the real agenda behind these charitable organisations?

Anytime we switch the television we see very disturbing images of young children starving, hungry, and dying in their mothers' arms. How can you and I not feel bad about it? Of course this is going to pull at our heart strings; but then this poverty is supposedly happening on huge continents such as Africa that should have food growing in abundance. No one should be going hungry. Sure they have floods and droughts, but if the food is cultivated and preserved properly there should still be enough to go around. After all these techniques are usually taught and passed down by generations over the centuries. So why is it that with all the millions or billions donated over the years they are still in poverty? Surely by now they would have the means and technology needed to sustain their crops and always have good food and clean water. Yet they are still in need of more money?

So where is the charitable money really going and how is it being utilised? Or are the charities sending their camera crew down there to film the worse scenario possible? Why are they not showing us all the progress they have made over the years with



the money? How do we know unless we are there to see for ourselves? Now there are more charities than ever being advertised on TV; Adopt a Polar bear, adopt a Snow leopard for some money every month. Don't get me wrong I do care for the welfare of these children and animals, and think that we should always give back. I just don't think that money is always the solution. Neither should it have to come down to money to fix something that is a human birthright of every being on this planet.

I don't agree with War by any means, it is just death and destruction with no solvency and has a knock on effect of more poverty. If there is something we need to stand up and fight for, it should be our ordained sovereignty and birthright, so people dying of starvation and dehydration no longer happens. We only have each other in this world, so it is up to ourselves to make changes for the better. There has to be a major shift in the way we think and operate and no longer ignore the fianchetto scenarios that is happening in front of our eyes for the sake of money. We need to get back to living in a world of people over profit, rather than profit over people.

## Plank-4: **Health & Wellbeing**

“Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity”

Anonymous

**P**eople all over the world seem to have lost confidence in the human body. On one end of the spectrum we seem to have become obsessed with Health, whilst on the other end a lot of people completely disregard their state of Wellbeing. Both extremes are fundamentally and radically unhealthy! Optimum Health and Wellbeing is all about balance; not extremes in polarity or contrast.

### **A lifestyle of balance**

Precious little thought is given on a daily basis of how marvellous our bodies are. Even when we have mistreated our bodies with bad diet; i.e., with the

foods we consume, the beverages we drink and the durations of consuming and drinking – the body is always on a quest to improve itself. Yet, we are so far removed from sentient awareness of the body's functions in the context of healing itself, that eventually, as many of us have seen and experienced, the body becomes very dis-eased. Ironically, even in the process of dis-ease, the body is still holding on for dear life to heal and improve itself.

One must therefore raise them self in sentient awareness of the body in order to listen to and feel its signals; but this must also be considered holistic and include the mind, spirit and soul. By shifting the contrast from being less sensate (acting on emotions) toward becoming more and more sentient, one eventually achieves balance. That is to say our presence of being sits right on the zero scale of sentience and sensations (sentient and sensate). This is not always easy; because there are so many distractions put before us by the public e.g., by the controllers of the media etc.

Raising sentient awareness is paramount if we are to achieve optimum holistic Health and Wellbeing.

This plank, as stated in the Introduction must be considered at all times, along with Culture.

“As a man and woman thinketh in their hearts, so is him and her”

Paraphrased, KJV Bible

With the maintaining of a lifestyle of balance, comes the accepting and surrendering to the body’s ability to heal itself. Understand and know that this starts with a decision we make within our hearts – the heart of the brain, not the chest! We manifest what we think and believe to be possible.

Our body speaks to us on a daily basis. Learn to listen to its dos and don’ts. There is a time for everything. There is therefore a time to consume specific types of foods and beverages depending on the body’s specific requirements at that point in time.

Of the liberating arts, if we take the Trivium education and apply the grammar, logic and rhetoric to our eating habits, things ought to become more sentient and less sensate. For instance, you walk by the kitchen an hour or so after you have had breakfast and you quickly

noticed some food items on the counter. You suddenly get the thought of being peckish. There is some fruit, biscuits and left over scrambled eggs from breakfast. What do you do? Do you feed into the sensate emotion of being peckish and grab one of the above items, or do you think “oh darn, I forgot to tidy the kitchen counter”?

There are tens of ways one could respond to that sensate emotion. The grammar aspect of it is the physical items perceived. Often, the logic aspect of the Trivium is completely skipped and we jump straight to the rhetoric. Meaning, we rhetorically remember things like, how nice the apple and/or biscuits tasted previously; we may have disregarded the old-cold-eggs on a similar whim. We then surrender to possibly eating the apple or the biscuits – or even both.

But, should logic be applied we would have had a moment of meditative analysis of what is most important for the body at the moment in time. Thus, an entirely different rhetoric would have come to our awareness. This takes practice no doubt. Emotions are very powerful forces and we must learn to control them; or else lack of logic will

always get the better of us. Very few people among the 97% populous really consider, logically, the food they eat and the beverages the intake to their bodies on a daily basis. Another important requirement that is greatly overlooked and misunderstood is the healing properties of water.

It is not really our intention to get into too much depth on diet in this small book. There are literally thousands of books already available on the market that covers Health and Wellbeing. We are simply expressing the importance of this, of the five planks.

However, we do wish to stress the importance of water; particularly structured water.

### **Structured water**

Here is a synopsis story of bottled water:

“Once upon a time, in the beginnings of my journey, I fell from the skies and landed on the mountain tops of the Himalayas. Here I was pure, un-tampered with and in perfect crystallized formation. I remained here for some time in the form of snow. I terraformed into the eco-

environment of this lower sphere, but yet remained pure. As time went on and the seasons changed to a warmer climate, I terraformed once again into the liquid you know as water. I ran down the mountains via lakes and streams, still in my perfect crystallized state. Eventually I came into contact with what humans call turbines and compressors. This smashed my structure into pieces which left me with no form. I was stored in a reservoir where certain chemicals were mixed with me, which contaminated me even more and left me completely corrupted. I was no longer myself. In fact I became poisonous to humans as chlorine was added to me. Later, I was purchased and bottled by a water selling brand, to be purchased again by consumers.” End!

So you get the point right. Something needs to be done to our bottled water in order to bring it back to its state when it was at the top of the mountains. Simply, purchase a reputable water filter and purifier system. Make sure it includes a system that restructures the water into its proper crystallized form, and then it will be perfectly safe to drink.

Our cells only absorb about 15% of the water we drink directly from branded bottles. This is clearly not good because that means 85% of the water passes through the body and therefore has no effect. It is just a waste; hence the term 'passing water'. When we drink clean and structured water our cells absorb up to 85% and therefore less is wasted. The fact that so much is absorbed means that ultimately it becomes more economical because we drink less water in this way. We drink less water because the body will tell us when it has had enough and we therefore feel less thirsty. The 85% absorbed, the total opposite of the 15%, of the water we drink is also a healing agent; precisely because it is crystallized.

Doctors around the world do not fully understand this. They do not understand that a large majority of the ailments people have can be cured and/or prevented by the drinking of structured water.

“Water is the most studied material on Earth but it is remarkable to find that the science behind its behaviour and function are so poorly understood (or even ignored), not only by people in general, but also by scientists working with it every day. The



small size of its molecule belies the complexity of its actions and its singular capabilities. Liquid water's unique properties and chameleonic nature seem to fit ideally into the requirements for life as can no other molecule."

Martin Chaplin, London South Bank Univ.

Structured water is indeed a healing agent and plays a massive role in our Health and Wellbeing. We cannot stress this too much. However, do your research. Your findings ought to encourage you and others to drink only structured water.

"When one understands our innate life blood and Structured Water are one and the same; the truth of Nature, we then know we are standing in the doorway to fulfil our Destiny. We are in the Grace of Receivership."

Clayton Nolte

## **Self-Healing**

According to Dr. Jewel Pookrum, "nothing in our world has the power to make us weak, sad or diseased if we adopt the proper attitude, diet and commitment to wellness. Each of us can live in infinite perfection."

Self-Healing starts with an acknowledgement of the five main elements of nature: earth, water, air, fire, and ether. We have already stressed the importance of water above. When we consider earth as a collective element of nature, we can contextualise this as the sustenance provided by Mother Nature.

## **Health and Wellbeing addendum**

By Charlene Henry

When it comes to Health & Wellbeing, I believe it is always and totally our responsibility. We have to live with our bodies for the rest of our lives, so it makes sense to look after it well. We need to look at our bodies as a whole; Spiritually, Mentally, Emotionally and Physically. Look at the body as though it were a sacred or holy place – a temple in which we house our spirits.

As we are Spiritual beings having a human experience, Health & Wellbeing will always start there. In fact everything starts with Spirit. A thought, an idea... the very fact that you were born

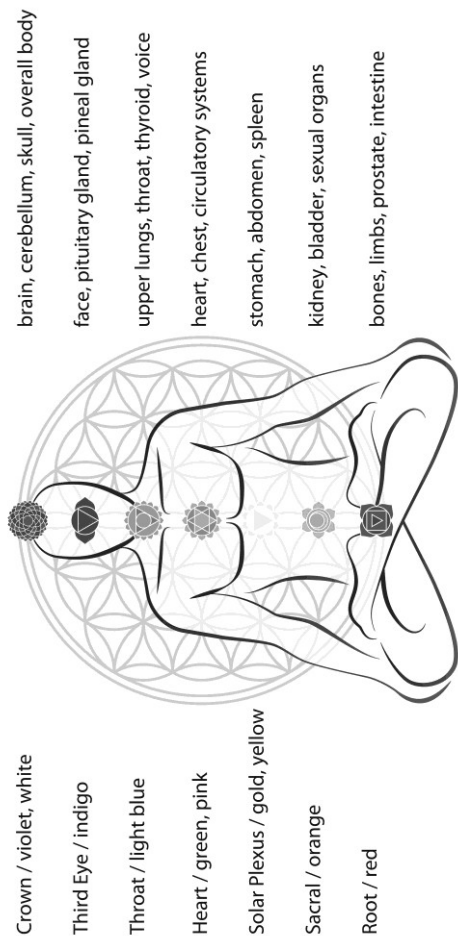
and living here on this planet was a choice you made while in Spirit, first.

Spirit is consciousness; a form of energy and we all have an energy field around our physical bodies, known as the electromagnetic field. At a Subatomic level, at the core of all matter, is swirling light. This light is not seen to the naked eye because of the frequency band within which it vibrates. Frequency and vibration is what determines how matter will take form.

The same components that are used to create the stars above us are the same components we have in us and it is all energy. The entire universe is conscious energy, a living organism, just like the tiny cells that make up our human form. Each cell lives, breathes and has its own consciousness. The planet we live on is a living organism and also has its own electromagnetic field surrounding it.

As above, so below!

### Chakra System & Chart



Our energy field is connected to the Chakra System. Chakra in Sanskrit means “Wheel of Light”. These chakras are in constant flow of rotation and are pure energy. We have 7 main chakras where each of them are associated with a different colour, purpose, emotion and connection starting from the base of the spine right up to the crown of the head. Each chakra point is connected to a body part/organ and to the Endocrine System, which is where each of our glands is situated.

Our chakras can become out of balance or blocked for many different reasons. When either of these chakras is imbalanced or blocked they can manifest into physical discomfort to the body and illness can occur. There are many different ways you can bring back balance to your body through Energy healing such as Reiki, Acupuncture, Crystal healing, Massage and taking part in such practices like Yoga and Meditation and more. These methods mentioned all work in line with your chakra system and can bring about a deep sense of inner peace, relaxation and wellbeing. Now who does not want that? These methods of healing have been around

for centuries and also work great alongside conventional medicine.

If you go to the doctor's surgery, your doctor is not likely to tell you about your chakra system. They may mention stress as a cause of ill health, but they are more likely to look at the physical aspects of illness and then may offer you some form of medication. But the majority of the time the medication will only deal with the symptoms of an illness rather than the cause, so that means the rest of the responsibility is down to you! Of course the medical profession has its place in the world and has saved many lives.

As a sovereign individual (soul reigning in the body), you take responsibility for all aspects of your life and by doing that you take your power back. You take control.

You have to listen to your body. It communicates with you all the time, but a lot of us ignore this and carry on. You have to make a conscious choice of what it is that you put into your body. Even the people we have around us and the jobs we do.

What do you eat and how does it make you feel when you eat a particular food? Does it make you feel good and energetic? Do you feel bloated and sluggish? Either way these are ways the body communicates with us. Should it be the latter, then you know that is something you should no longer put in your body and you won't need to reach for the Gaviscon or Pepto bismol.

As the saying goes 'you are what you eat'!

What is your thinking process? Are you a happy bubbly person or do you constantly worry and stress about things? Are you loving and friendly or are you critical, negative and fearful?

As the saying goes 'you are your thoughts'!

Our thoughts create our reality and they also contribute to our state of health, so bear that in mind. If you don't think very much of yourself, then that will reflect on the outside. Even the very words we speak and the way we say things can affect our state of being. Remember everything is energy. We have to be mindful of all aspects of being. Yes this can be hard to begin with. Everything you do and

say is a conscience choice, but soon it will flow and become natural to you.

What is your emotional state of being? Emotion means: Energy in motion. Everybody has emotional baggage. It is part of life and the lessons we learn. However it is how we deal with emotions that is important because these energies in motion can leave imprints in our minds and cells, which if not dealt with accordingly can manifest into physical dis-ease. For example: someone holding on to anger, guilt or resentment for a long time could end up with a heart attack or breast cancer, and especially if they have a poor diet and lifestyle too.

In the case of poor emotional state it is better to express your emotions and talk it over; forgive and move on, rather than holding on and allowing it to literally eat away at your physical being. Talking and forgiving is a form of healing. When you forgive it is not about the person who did you wrong. It is about forgiving yourself and allowing your being to move on. Some people may choose to express their emotions through creative outlets like painting, music, and dance etc... whatever your emotion is happy or sad it can be expressed at your discretion.



Dis-ease or dis-comfort is your body's way of telling you that it is no longer at ease and some aspects of your life have to change. Most dis-ease is the last resort your body has to get your attention whilst trying to heal itself. For true healing to take place you need to get to the root cause of dis-ease. Even if you have and see the best doctors in the world, healing starts with you first and ends with you.

We are not all doctors so it would be difficult to always know where any of our illness stems from, but if we dig deep down within ourselves, we would have some idea where it began.

As within so without...

I can't tell you how to live your life, what to eat and not to, it will be different for everybody. All I can tell you is always be mindful of how you treat your body, mind and soul in order to have good health and wellbeing.

Be mindful of what you eat and how it makes you feel. There are many different diets available now and you will have to do your self-research and decide what works best for you. Whether it is

Juicing, vegan, vegetarian, alkaline diet or eating right according to your blood type you will know what works best for you. Obviously staying away from junk foods and sweet stuff would be better, but a little treat now and again is fine. It is about maintaining the balance. Whatever your diet, it is important to make sure you have the proper balance of nutrients in your body, vitamins and minerals. The better way to get your nutrients is through your food. To be deficient in any vitamin or mineral can cause an illness or dis-ease in short or long term, as well as to have too much of a particular vitamin can cause upset to the body. Balance is key. I would suggest that you see a qualified nutritionist to figure out what is best for you, as people from different (genetic) races will require different nutrition.

Having said all that, putting nourishing foods in your body is not going to help that much if you do not put nourishing thoughts in your mind.

Life is a journey of Self; to know who you are and what is your purpose whilst here on this planet. It is about self acceptance, loving yourself and those around you unconditionally. Living your purpose

and being fulfilled. When you are being true to yourself and love who you are, you feel happy and you feel free. With these feelings and thoughts disease is less likely to manifest in the body. When you live your purpose this is nourishment for the soul. The more you stand in your power the better life you create for yourself. The more God-like and Divine you become.

## Plank-5: **Culture**

“A nation’s culture resides in the hearts and in the soul of its people”

Mahatma Gandhi

**W**hat is culture? It is the basic ideas, customs, and social behaviour of a particular people or society. Culture is also the characteristics of a particular group, defined by everything from language, religion, cuisine, social habits, music and arts.

For some individuals their culture is simply what they do on a day to day basis. Even someone who is primarily inundated with their 9-to-5 has a culture... their job! Whether one is religious, political or is a scientist; the activities therein, is the basis of their culture.

How we behave socially, with our friends and family and with our closest loved ones, determines the

context of our culture; culture is simply our way of life.

When we speak of freedom, this plank has to be considered on many levels. If we are to become Sovereign Certified, Solvent and indeed Afianchetto then we have to make massive changes in our way of life. First of all, understand that the first three planks will take a complete paradigm shift in spirituality, mentality and physicality. We must also consider how we conduct our selves economically and as a community – hence the many levels.

### **Paradigm shifting**

The paradigm within which we live our lives has to do with the context or backdrop so to speak. By backdrop, we are talking about all the pre-conceived thoughts, beliefs, ideas and ideals etc., of how we are to live our lives. Transforming one's self from fianchetto to non-fianchetto is a massive and aggressive step and requires a complete paradigm shift in terms of how we conduct our selves spiritually, mentally, emotionally and physically. It is not just a simple case of obtaining a sovereignty certificate and then accessing the UCcCTa. No! It is

much bigger than that. Remember the three classes... 97%, 2% and 1%. The majority of the worlds populous are of a particular mindset. They are of a servitude and sensate mindset, whereas the 2% and 1% are primarily of a liberal and sentient mindset.

The seven liberal arts of classical study are paramount along this quest for a complete paradigm shift. I strongly suggest that the reader takes the time to study these liberating arts, and apply them almost religiously.

Paradigm shifting is a big deal for a lot of people. It requires stepping out of our comfort zone; not just for a day, but permanently. Especially in the context (backdrop) of the five roads to freedom, we must now make that ultimate life changing decision. We must give ourselves the permission to change the way we think and act, and the way we are being on a day to day basis... and we must do this as a responsible creditor of the system within which we live and function.

It all starts with a fundamental decision that we have to make; and make it today, now! But it is also

about knowing who we are spiritually. No longer shall we be deemed debtors to the status quo. We must assume the position of royalty and nobility; as lord and/or lady sovereign. The certification is just a legal document, so to speak, that expresses who we are on paper. But if we have not transformed ourselves on all the latter mentioned levels, then we may as well not bother. Let us not kid ourselves along this journey.

## **Definitions of Culture**

Look at the following definitions of culture, and consider the characteristics of culture that they each draw attention to:

“Culture... is that complex whole which includes knowledge, belief, art, morals, law, custom, and any other capabilities and habits acquired by man as a member of society”

Tyler (British anthropologist) 1870

“Culture consists of patterns, explicit and implicit, of and for behaviour acquired and transmitted by symbols, constituting the distinctive achievements of human groups, including their embodiment in artefacts; the essential core of culture consists of

## The 5 roads to freedom

traditional (i.e. historically derived and selected) ideas and especially their attached values; culture systems may, on the one hand, be considered as products of action, on the other, as conditional elements of future action”

Kroeber & Kluckhohn 1952

“Culture consists of the derivatives of experience, more or less organized, learned or created by the individuals of a population, including those images or encodements and their interpretations (meanings) transmitted from past generations, from contemporaries, or formed by individuals themselves”

T. Schwartz 1992

“Culture is the collective programming of the mind which distinguishes the members of one group or category of people from another”

Hofstede 1994

“...the set of attitudes, values, beliefs, and behaviours shared by a group of people, but different for each individual, communicated from one generation to the next”

Matsumoto 1996



“Culture is a fuzzy set of basic assumptions and values, orientations to life, beliefs, policies, procedures and behavioural conventions that are shared by a group of people, and that influence (but do not determine) each member’s behaviour and his/her interpretations of the ‘meaning’ of other people’s behaviour”

Spencer-Oatey 2008

So as can be seen, above, culture is a vast subject to be considered... and as we are attempting to get across clearly, we have to literally create an entirely different way of livity in order to fully appreciate and be sovereign; free.

### **Declaration of... “I AM”**

I, eternal essence, of spirit, soul and mind, AM currently factualized in body, inclusive of the inbodyment perceived as Paul-Anthony: Simons issued October 5, 1972, duly pre-approved, pre-authorized, pre-paid, recorded, secured, noticed, governed, bonded, insured and guaranteed, as a matter of Eternal, Universal and International Records, nunc pro tunc, praeterea preterea, restated and incorporated

in full by reference as if set forth in full, without prejudice, at this moment, inclusive of this now-time-jurisdiction, with full responsibility and liability, I 'be' and I 'do', make, issue, confirm, ratify, and verify this DECLARATION OF I, without prejudice, nunc pro tunc praetera preterea, that this WILL AND WORD is true, accurate and correct and that I AM conscious and competent to DECLARE all ways my ordained sovereignty.

## **Culture addendum**

By Charlene Henry

What is culture? To me culture is traditions and values that are passed down from generation to generation. For me it is the lifestyle that I have grown up in and come to know. With a Caribbean background, part of my culture involved a lot of family gatherings with lots of food, laughter, music and dancing. Everybody always had a good time! Whenever I think of my family as a whole these good times always come to mind. However, over

the past few years I feel it has changed. There is always food and music, but not as much dancing. Now the conversations are a bit more serious, if there is any talking going on! Some of us have become too tired to bother or are distracted by devices such as I-phone, I-pad or Blackberry to even notice what is going on around us. I personally think that is very sad!

Has the daily stresses of modern life and technology interfered with our culture? I would say yes.

The way we communicate with each other has changed. Do people have real conversations anymore with each other, or is it easier to send a text message?

When you go out to a party, a concert or on holiday; how much of it do you really take in and enjoy moment to moment? Or are you too busy taking pictures of yourself and posting it on Facebook, Twitter or Instagram etc.?

Do you spend a lot of your day posting your thoughts and comments on social networks? Don't

get me wrong there is nothing wrong in sharing your opinion, but I feel that a lot of comments posted on these social networks are open for misinterpretation, which starts a whole chain of debates followed by you having to explain what you mean All in Writing! This to me seems like a lot of time wasting.

Do you take all your pictures on your phone and then never print them off and put them in a photo album, where you can look back in years to come? These are things to think about and see where modern technology may have interfered with our daily life or culture

Of course modern technology has it pros and cons, you can access things in an instant – emails, pictures, internet etc... and it is great if you have family and friends that live abroad that you can contact via social media. Also, the internet allows us to find old friends that we have lost contact with. There are definitely aspects of our lives that technology has made easier, but have we become too reliant on such interfaces? I think in a way modern technology encourages disconnection from each other, from nature and from Self.

Children and adults who play video games day in and day out may struggle with telling the difference between virtual reality and reality. Some of those video games are made with images that look so real and are so violent that it can definitely have an impact on daily life and how they might interact with other people. Their mannerism and nature could become quite aggressive because of the influence. I think when playing video games like that or even watching certain things on television, we have to be strong minded and not take it all in so seriously.

Music is the rhythm of life. It is the one thing that can unite us on this planet and in this universe, no matter your background or culture. Of course, within each culture there may be a certain music we listen to or create for various reasons. Regardless, there are songs and music for all situations in life that we can all relate to.

If you are a lover of music like I am you will know how music moves and touches you. With some music you hear, you cannot help yourself but to get up and dance. In my experience I can only describe it as touching and moving the soul and it resonates

with me well. The dancing, in turn, is a creative expression of how the music is making me feel.

Music is important in life. We respond to the frequency and waves that the music creates, which means it can influence our mood. So the type of music we listen to is also important. Anyone who drives a car daily may have noticed; if you are listening to music that have a bit of an edge or fast beat to it, you may be influenced to drive a little faster or aggressive than normal. I have seen it happen many times.

Traditionally, music is made using real instruments... piano, drums, violin, saxophone etc. These instruments all produce a certain natural-tone that resonates well with our own brain waves. Reason being, many different cultures will use music as part of their traditions and “rituals”. However, I have noticed over the past few years a growing increase in a more electronic sound being used in music, rather than the traditional and authentic natural-sound of instruments. This can be a problem because those technical and electronic sounds do not harmonise well with the frequency waves of our brain, which can interfere with your

thought patterns and emotional state of being. I feel it can distort our way of thinking and disconnect us from what is natural.

Maybe it is the times we are in, but, is this the way music is moving forward in societies today? I would hope not! In the meantime I will still continue to listen to music that touches my soul and makes me feel good. I encourage you to do the same. I feel it is important to pass down the traditional music so it can be kept in our cultures for generations to come and everyone can appreciate its value.

## Conundrum

By Paul Simons

So, in wrapping up this short manuscript, what would you the reader consider to be the conundrum of our 5-Plank program? How difficult/easy is it to simply declare one's self as free? First, let me remind you of our slogan:

“Working with and not against”

Secondly, remember Albert Einstein's relativity formula;  $E$  will always be equal to  $MC^2$ , correct? Thus, this formula can never be changed. We may vary it slightly from time to time, but natural law will always swing everything back into this quantum constant. So, there is no point working against the status quo of the 97/2/1% scenario as addressed throughout this book; it is a naturally occurring formula.



For instance, if we take any ancient African culture or tribe and look at its hierarchy we will see a similar structure to the 97/2/1% concept. There will always be an elite ruling class of elders; typically 1% of the population of that tribe. Then there are the operatives that oversee certain aspects of the community; these are the 2% of said population...and finally the 97% populous.

So by status quo, we are talking about the 97/2/1% phenomenon, and not necessarily about the agendas of those participating as the elite. Status quo is a Latin phrase meaning the existing state of affairs. It is the nominal form of the prepositional Latin phrase "*in statu quo*" – literally "*in the state in which*", which itself is a shortening of the original phrase "*in statu quo res erant ante bellu*"m, meaning "*in the state in which things were before the war*".

Thusly  $E=MC^2$  can be used to either create or destroy life. It was this theory of Einstein's equation that gave birth to the atom bomb. And it is the said equation that promotes infinite life. No matter how we try to violate that law, it will never work. Never!

So we have a choice of two options:

- 1) We force a solution to our problems onto our (apparent) adversary, and see how NATO takes care of us;
- 2) Duplicate the system as it is and work in line with the polity (TTb) in a mutually benefitting manner, and certainly not against.

### **Working with and not against**

Clearly option number two is better. However, the choice is yours. So there is the conundrum. To work with and not against. How is that for a twist; after all our bickering and complaining over the past few decades?

Natural law has taught us that collective thought is Creation in its entirety. Thus, Creation is collective thought – both are one and the same. So it does not work in any way whatsoever to go against that which is already so (*or the status quo before the war*). Instead, we apply another concept; infiltration. That is to say we work our way into the system of the current systems of banking,

government, education, health care etc; then, over a period of time we steer the flow of things into a new direction; a direction that is inherently agreed by all. But it has to be in line with natural law. Our motivations and intentions must imperatively be in tune with nature. So the rule of thumb is this. Abide by the law, tendencies and principles of nature or be destroyed by them. Because whatever is to be will be;  $E$  will always be equal to  $MC^2$ .

So the question stands: How difficult/easy is it to simply declare one's self as free?

It has to do with accepting that you and I are already free, if we consider our birthright to life-liberty-happiness as one complete context. Therefore, working with and not against the systems of banking, government, education, health care etc., should not cause one to feel threatened in anyway, since the context and backdrop will always be for the enjoyment of life-liberty-happiness. Our 5-Plank program is designed as a way of life, in order for us to constantly be achieving just that. Freedom!

Remember, the solution to all our problems is to play the win/win game, and play it in a mutually benefiting manner and for humanity. But we have to consider both short and long term objectives. For instance, in the short term we work with and not against the current banking system; simply because it is still in existence and functional albeit a debt based system. In the long term, we work in parallel to put a credit based system in place. Over time the debt based system fades away while the credit based system grows and flourishes.

In a similar context we also work with governments, religious orders, and education institutions, health care, military and so forth; and certainly not against them. We devise both long and short term objectives toward achieving our desired outcomes of the 5-Planks.

However, at any stage of our program, we must be mindful and be prepared to experience a kind of 'black swan effect'. That is to say, be mindful of both draconian and virtuous situations that smack us in the face unexpectedly. Such is the workings of nature, as it swings into action to bring about balance. Remember that  $E=MC^2$  can be used to

either create or destroy life; and thus, the black swan theory applies in both draconian/malevolent and virtuous/benevolent situations.

The black swan theory, or theory of black swan events, is a metaphor that describes an event that comes as a surprise, has a major effect, and is often inappropriately rationalized after the fact with the benefit of hindsight.

The theory was developed by Nassim Nicholas Taleb to explain:

1. The disproportionate role of high-profile, hard-to-predict, and rare events that are beyond the realm of normal expectations in history, science, finance, and technology.
2. The non-computability of the probability of the consequential rare events using scientific methods (owing to the very nature of small probabilities).
3. The psychological biases that make people individually and collectively blind to uncertainty and unaware of the massive role of the rare event in historical affairs.

## **Sovereign money creation**

As stated above, we work alongside the current debt based banking system in the short term, while we work on our long term goal of achieving a credit based system. This is necessary if we are to enter into a sound solvency program, by way of sovereign money creation (SMC).

SMC is not a new concept, although the term was coined only recently. It is simply the creation of money (credit) that is distributed in a non-recourse manner. Remember, the current means of money creation has been by way of collateralised debt obligations (CDO) or mortgage backed securities (MBS), and also by other means. In other words, the money associated with loans and mortgages, today, are created into existence as debt, since the borrower is contractually having the re-pay them. SMC, as a concept, is about bringing money into existence for 'Humanitarian' causes and projects. This is where our win/win game comes in to play.

In one breath, we initiate the creation of Millions/Billions/Trillions in whatever currency of money which will always end up on some bank's

books, whether on-ledger or off-ledger; on-ledger preferable of course. This will no doubt be good for the bank (a TTb) as this will drastically affect their balance sheets in a positive manner.

In another breath, we the people, those of a more benevolent and virtuous persuasion are equipped with the said created moneys that will be used to fund our Humanitarian projects and so forth. These moneys will be used to rebuild so-called third world countries/nations; where we provide clean water, free energy, healthy food and shelter. Basically we provide whatever is required to lead humanity toward a level playing field where everyone wins; still within a 97/2/1% scenario.

Remember, the created money is non-recourse. The funds will be created just like any other money (loans etc) but no debt account will be associated since the loan is a non-recourse one. Thus, over a period of time, the debt based system (re-payable loans) disintegrates whilst the credit based system (non-payable loans) integrates. Such is the infiltration process we proposed earlier.

This adds to our conundrum. Instead of working against the current monetary system, or even condemning debt; we utilise the exact same system and process of money creation for Humanitarian causes and projects. We distribute the funds in a similar way to quantitative easing (QE); we spend it into the economy as a process of funding the projects – as opposed to distributing the funds as loans to retail banking customers.

As for playing the win/win game SMC will have a far more positive effect on the gross domestic product (GDP) than QE has been, in any country/nation. SMC reduces both government debt and household debt; it also makes banks more liquid and financially stable. And in turn SMC increases household income necessarily.

Of course, the Bank of England's Monetary Policy Committee is put in place for many reasons; one of which is to regulate money creation so as to not have it run wild and be negatively affecting inflation etc. But in the context of the real economy, there can be no regulation on SMC as a primary banking function, especially where the funds are being created for Humanitarian causes. Our birthright to



life-liberty-happiness cannot be regulated by any means and thus SMC in such a context equally cannot be regulated. In other words, there are no legal restrictions on money creation in the context of funding Humanitarian causes and projects.

By virtue of creating projects, with proper business plans and everything that comes with the project administratively, one can initiate SMC to facilitate the project(s). This can be done by approaching the government(s) with the said win/win scenario in mind.

### **Self-sustaining Community building**

Apart from the financial aspects of SMC, the building of a self-sustaining community first starts with Self-Acknowledgement. It also begins with living a self-sustaining lifestyle with the tools of the 5-Planks. Communication and interaction are also key factors. The ways in which we relate to each and other is reflective of the ways in which we interact with the higher Self. In other words, we have to build our individual selves up spiritually, and connect with each and other spiritually, before we can really consider building a self-sustaining

community. It is the Be-Do-Have concept in effect; or the being-doing-having. So let's not be subject to the illusion that once we have the community then we can be spiritual. That is backwards. We have to work on our individual as well as our collective spirituality, first. We must remind ourselves that spiritually we are all connected at some level, just as physically we are of the same species.

That which manifests physically must first have a spiritual or metaphysical blueprint. Without a sound metaphysical blueprint, there will be no physical manifestation. Thus, we build from Spirit downward. Isn't this how we have always done it? From Spirit to Mental to Material?

So everything that we are attempting to do is all about choices. But the choices we make are reliant on the quality of information we have about the higher Self.

### Be-Do-Have

It is all about who you and I are being. Most people today are programmed to be looking 'out-there' for their salvation; such like the many religious doctrines around the world that points their

congregations to a future saviour. This is backwards; and is spiritually incompatible, mentally illogical, and emotionally unreliable and thus materially broke (poverty). By saying to myself (for instance) “one-day” when I have the money, I can do the things I believe to be necessary, so that I can be what I want to be. This is a grave delusion, because the subconscious mind does not work that way at all.

One has to be (from within) who they are ordained to be spiritually-mentally-emotionally and then materially; in that exact order. Notice I did not say ‘become’. That is a future event that may or may not manifest. But to be... is being. The ‘ing’ suffix demonstrates that the ‘be’ is happening now! That is to say: living my life and being my purpose in the present-moment-to-moment. The idea, here, is in knowing and being who you are spiritually; then within that creative-space, you create your desired life-style mentally; then by aligning our conscious and subconscious faculties to that mentality, we create the desired and required actions emotionally. [E-motion; energy-in-motion]. Thus we manifest our desired outcomes materially.

Once we grasp this very simple concept of Be-Do-Have via our spiritual-mental-emotional faculty, then material manifestation of our intents becomes more plausible. However, faith is no good without works; practical applications.

### Knowing who I am being

Being who we are ordained to be is our birthright; it is yours and my ordained-sovereignty; our souls reigning in our bodies. Correct? So who are you? Who am I? Or rather: who are you and I being, today? Is it what we came to Earth for, or have we been programmed with some-one else's agenda?

Knowing and being who I am today is a function of my purpose. Clearly my function and purpose is to write, teach and help people discover their potential and thus free themselves. What is yours? And are you being you? Or, does your current life-style affect your life-liberty-happiness negatively? Be honest. Some of us do not know or remember who we truly are. How can we be solvent if we do not know who we are (individually and collectively)? Too many questions. But they all

point at the same answer. Who are you and I are being, and for what purpose?

Try telling yourself this: I am being my purpose and ordained-sovereignty, so that I am doing the things necessary as per my function, in order that I am having abundance and solvency in every aspect of my life. Make sense? It cannot be the other way round. You might recall situations projected in the media where certain (or most) individuals who win the lottery become broke with 12-36 months? Why is that? Could it be that their mindset had not changed in line with their sudden wealth? Evidently, yes. No one taught them about being-doing-having as a spiritual-mental-emotional phenomenon.

## **Conclusion**

With everything we have presented in this book, the question may still stand; what is Freedom? For me, ultimately freedom means, there is no such thing as authority. So, am I really free? Are you really free? It all starts with the mind. Correct? But here is another conundrum... without authority, what will you and I do? Are we equipped to be self-governing as sovereigns? Do we have the right systems in place to ensure, food, energy, water, clothing and shelter? Well, yes, this is what the MerKaBa Community trust and the United Humanitarian trust (Pure Trust foundations) are about. And you and I are presently manifesting on Earth today to assist in the pursuit of setting up such a system and community.

Welcome on board. But being aboard means we have to let go of the fear frequency and stench. Love works! Unconditional Love for humanity as a collective works in our favour.

Sovereignty also means, by its etymology, "To rule and reign as a saviour" - which in principle also means, "One who rescues or protects another from

harm". Therefore, no person, entity, spirit or force may abrogate, nor interpose themselves into or above such a sacred and inviolable covenant.

Finally, for further guidance, reading and for your continued education and keeping up-to-date with us, you can visit our websites:

[www.uhtrust.com](http://www.uhtrust.com)

[www.merkabacommunitytrust.info](http://www.merkabacommunitytrust.info)

[www.firstrepublicregistrar.org](http://www.firstrepublicregistrar.org)

We thank you for taking the time to consider the discussions made within this book, and trust that you will read over and over. Also, please share with your friends and family; for obvious reasons. Everybody wants to experience some level of freedom. Correct?

Always remember the slogan 'working with and not against'. And always remember your ordained sovereignty and birthright to life-liberty-happiness.

Until our next publication, stay blessed.

